



Elk Grove's Premier  
Intensive Outpatient Therapy  
for Mental Health &  
Substance Use Disorders



**For a free, confidential consultation,  
please call 916-896-1061**

3137 Dwight Rd. Suite 600  
Elk Grove, CA 95758

[www.sagepointiop.com](http://www.sagepointiop.com)

## When Once A Week Therapy Isn't Enough

If you are struggling with a mental health or substance use disorder and looking for increased support, an **Intensive Outpatient Program (IOP)** can help. We offer day and evening programs for adults so you can benefit from intensive therapy while still maintaining your work and home life. In-Person & Virtual IOP!

## Why SagePoint IOP?

Highly Skilled Clinical Team

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Compassionate and Welcoming Environment

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Small Group Sessions for Personalized Care

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Individualized Treatment Plans

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Accept Most Commercial Insurance Plans

## Contact Us

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 916-896-1061

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